

## *the fig tree lunch menu*

### STARTERS

<b>King prawns</b> Pan-fried with garlic, smoked paprika and parsley	<b>£7.50</b>	<b>Home-made falafel (V)</b> Crispy chickpea fritters with herbs and spices	<b>£6.50</b>
<b>Bruschetta (V)</b> Roasted red pepper, onion and tomato with cannellini beans served on toasted focaccia	<b>£5.95</b>	<b>Fig, melon and prosciutto</b> Slices of melon served with fig and parma ham	<b>£6.25</b>
<b>Hummus (V)</b> Home-made chickpea and sesame dip served with focaccia bread	<b>£5.50</b>	<b>Mussels</b> Mussels cooked in white wine, garlic, cream and parsley	<b>£7.50</b>
<b>Soup</b> Home-made soup of the day served with bread	<b>£5.50</b>	<b>Calamari</b> Panko calamari rings with lemon and salad garnish	<b>£6.50</b>

### TOASTED FOCACCIA SANDWICHES

Chicken strips with roasted peppers & red onions	Crushed avocado, sundried tomatoes & mozzarella (V)	Chargrilled goats cheese with roasted peppers & red onions (V)
- All served with a salad garnish <b>£8.50</b>		

### MAINS

<b>Spaghetti Polpette</b> Classic meatballs in a rich tomato sauce	<b>£9.95</b>	<b>Seafood spaghetti</b> Served in tomato and cream sauce	<b>£12.50</b>
<b>Spaghetti Carbonara</b> Bacon, egg yolk and parmesan in a cream sauce	<b>£8.95</b>	<b>Gnocchi verde (V)</b> Gnocchi with spinach and tomato	<b>£9.95</b>
<b>Chicken and herb penne</b> Sliced chicken with herbs	<b>£9.95</b>	<b>Penne puttanesca</b> Served with tomatoes, anchovies, olives and capers	<b>£9.75</b>
<b>Spaghetti Bolognese</b> Minced beef in a rich tomato sauce	<b>£9.95</b>	<b>Lamb moussaka</b> Layers of lamb, eggplant and creamy sauce baked together	<b>£11.50</b>
<b>Green risotto (V)</b> Spinach, peas and herbs	<b>£8.95</b>	<b>Chicken souvlaki</b> Chargrilled marinated chicken served with saffron rice, tzatziki and salad	<b>£12.95</b>

### SALADS

<b>Mozzarella salad (V)</b> Buffalo mozzarella, fresh & sundried tomatoes, basil and black olives	<b>£9.50</b>	<b>Goats cheese salad (V)</b> Warm chargrilled goats cheese, caramelised apple and walnuts	<b>£10.95</b>	<b>Chicken salad</b> Warm sliced chicken on a mixed leaf salad	<b>£10.95</b>
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### SIDES

Mixed olives	<b>£3.50</b>	Side salad	<b>£4.50</b>	Spinach	<b>£3.00</b>
Focaccia bread	<b>£2.50</b>	Rosemary potatoes	<b>£3.00</b>		

## DESSERTS

<b>Lemon meringue pie</b> Served with fruit coulis	<b>£5.50</b>	<b>Vin santo e cantucci</b> A Tuscan tradition of dipping biscuits into this strong, sweet dessert wine	<b>£5.50</b>
<b>Gelati</b> Local ice creams, various flavours available	<b>£5.50</b>	<b>Home-made tiramisu</b> Classic layered Italian dessert	<b>£5.50</b>
<b>Affogato</b> Vanilla ice cream served with a strong espresso coffee. Add a liqueur <b>£7.95</b>	<b>£5.50</b>	<b>Home-made almond and lemon polenta cake</b> Gluten free	<b>£5.50</b>
<b>Chocolate dessert</b> Ask for today's chocolate	<b>£5.50</b>	<b>Apple tart</b> French apple tart served warm with vanilla ice cream	<b>£5.50</b>

A service charge of 10% will be charged on tables of 7 or more